

# Lunch week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	BEEF CHILLI SERVED WITH LIME & HERB RICE	BAKED TANDOORI CHICKEN WITH BOMBAY CHIVE POTATOES & SOUR CREAM	MINCE BEEF & ONION PIE SERVED WITH PEAS & CARROTS	BBQ CHICKEN FLAT BREAD	BATTERED FISH WITH CHIPS & PEAS/BAKED BEANS
<b>PLANT BASED / VEGETARIAN</b>	VEGETABLE LASAGNE SERVED WITH GARLIC BREAD & SALAD	RED ONION & CHEDDAR CHEESE PUFF	VEGETABLE SINGAPORE NOODLES	VEGETABLE QUESADILLA WITH POTATOES & SALAD	STUFFED BAKED PEPPERS WITH TOMATO SAUCE & CHEESE
<b>PASTA POTS</b>	MEDITERRANEAN TOMATO	ARRABIATA	SAUSAGE RAGU	CREAMY TOMATO & SPINACH	SPICY SAUSAGE
<b>JACKETS</b>	CHEESE BAKED BEANS OR DAILY SPECIAL	CHEESE BAKED BEANS OR DAILY SPECIAL	CHEESE BAKED BEANS OR DAILY SPECIAL	CHEESE BAKED BEANS OR DAILY SPECIAL	CHEESE BAKED BEANS OR DAILY SPECIAL
<b>SNACK &amp; GRAB BAR</b>	PAPRIKA POTATO WEDGES	PEPPERONI MARGHERITA	SPICY CHICKEN & VEGETABLE RICE POTS	MEAT FIESTA MARGHERITA	SALTED CHIPS
	LOOK OUT FOR THE SPECIAL OF THE DAY £1.00 - £2.00				
<b>DESSERTS</b>	CHOOSE FROM A SELECTION OF OUR CHILLED DESSERTS & FRUIT POTS DAILY				

## TRAY BAKES

DAILY HOMEMADE TRAY BAKES & CAKES AVAILABLE

### Meal Deal

Main Meal  
With Vegetables  
And Dessert



All Of Our Main Meals and Desserts Are Freshly Made On Site Every Day