

Lunch week 3

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CHICKEN CURRY SERVED WITH STEAMED RICE	CHILLI BEEF TACO'S SERVED WITH CAJUN SLAW	CHINESE CHICKEN STIR FRY NOODLES WITH SOY, SWEET CHILLI & LIME	PULLED PORK & PEPPER FLAT BREAD WITH BBQ WEDGES	BATTERED FISH WITH CHIPS, PEAS/BAKED BEANS
PLANT BASED / VEGETARIAN	VEGETABLE MASALA SERVED WITH STEAMED RICE	MIXED BEAN TACO'S SERVED WITH CAJUN SLAW	CHEESE & BEAN SLICE	CHEESE'E' CAULIFLOWER & BROCCOLI BAKE	BLACK BEAN & VEGETABLE CHOW MEIN WITH CRISPY SHEDDED CABBAGE
PASTA POTS	TOMATO RAGU	POMODORO	BOLOGNAISE	ARRABIATA	CHUNKY TOMATO
JACKETS	CHEESE BAKED BEANS OR DAILY SPECIAL	CHEESE BAKED BEANS OR DAILY SPECIAL	CHEESE BAKED BEANS OR DAILY SPECIAL	CHEESE BAKED BEANS OR DAILY SPECIAL	CHEESE BAKED BEANS OR DAILY SPECIAL
SNACK & GRAB BAR	SALT & PEPPER SAUTED POTATOES	THE AMERICAN HOT MARGHERITA	CHILLI BEEF RICE POTS	SPICY CHICKEN MARGHERITA	SALTED CHIPS
	LOOK OUT FOR THE SPECIAL OF THE DAY £1.00 - £2.00				
DESSERTS	CHOOSE FROM A SELECTION OF OUR CHILLED DESSERTS & FRUIT POTS DAILY				
TRAY BAKES	DAILY HOMEMADE TRAY BAKES & CAKES AVAILABLE				

Meal Deal

Main Meal
With Vegetables
And Dessert



All Of Our Main Meals and
Desserts Are Freshly Made
On Site Every Day