



Week 1

- Introduction to Employability and Finance **S M C**
- Developing Resilience **S M Sp C**
- Communication Skills **S M C**

Week 2

- Conflict resolution and emotional literacy **S M C**
- Leadership **S M C**
- Teamwork **S M C**

Week 3

- Positive work ethic **S M C**
- Problem solving **S M C**
- Managing money **S M C**

Week 4

- Budgeting **S M C**
- Saving and borrowing money **S M C**
- Online advertising **S M C**

Week 5

- Consumer rights **S M C**
- Being a responsible consumer **S M Sp C**

Week 6

- Volunteering **S M Sp C**
- Entrepreneurs **S M C**

'SMSC'

- S** Social
- M** Moral
- Sp** Spiritual
- C** Cultural



Term 1

- Mission transition **S M Sp C**
- Bradon Forest Values **S M Sp C**
- Why is PSHE so important? **S M Sp C**
- It's ok to worry and loneliness **S M Sp C**
- Making positive friendship **S M C**
- LORIC skills and being a lifelong learner **S M C**
- IT Skills – ClassCharts,, emails and OneDrive **S M C**
- IT Skills – Microsoft Word and Powerpoint **S M C**

Term 2

- What is bullying? **S M C**
- What are the effects of bullying? **S M Sp C**
- Banter or bullying? **S M C**
- How can I make a noise about bullying? **S M C**
- How should I behave online? **S M C**
- Respect for others **S M Sp C**

Term 3

- How and why is my body changing? **S M C**
- Emotional changes **S M C**
- Personal hygiene **S M C**
- Menstrual Wellbeing (endometriosis, PCOS)
- FGM **S M Sp C**
- Consent **S M Sp C**

Term 4

- Are risks always bad? **S M Sp C**
- What are the British Values? **S M Sp C**
- How do we respect the British Values? **S M Sp C**
- How does the Rule of Law keep us safe? **S M C**
- Tolerance and Discrimination **S M Sp C**
- Poverty and Fairtrade **S M Sp C**

Term 5

- Why is sleep so important? **S M Sp C**
- Importance of a balanced diet **S M C**
- Exercise **S M C**
- Energy Drinks **S M C**
- Sun exposure **S M C**
- Screen addiction **S M Sp C**
- Vaping **S M C**

Term 6

- All emotions are good emotions **S M Sp C**
- Dealing with grief **S M Sp C**
- Group chats and WhatsApp **S M C**
- TikTok **S M C**
- Social media and validation **S M Sp C**
- Age ratings, online gaming and inappro. **S M Sp C**

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