



Curriculum Overview



SUBJECT:	PERSONAL DEVELOPMENT	YEAR:	11
INTENT:	<p>In Year 11, our Personal Development curriculum supports students as they prepare for adulthood and life beyond school. We aim to equip them with the knowledge, skills, and confidence to make informed choices about their wellbeing, relationships, future pathways, and responsibilities as young adults.</p> <p>Our intent is to help students manage stress, build resilience, understand risks and consequences, and develop positive behaviours and attitudes that prepare them for further education, work, and life in modern society. As in all year groups, our curriculum meets the requirements of the Summer 2025 RSHE guidance and is designed around the contextual needs of our students.</p>		

UNITS OF WORK

Unit 1: Living in the wider world (2 terms)	Unit 2: Health and Wellbeing (2 terms)	Unit 3: Relationships (1 term)
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Key Knowledge/Development	Key Skills Development	Assessment
Post 16 options Employability Skills How to write a CV Writing your CV Interview Skills How can I stay safe on a night out? Drink and drug driving Managing intimacy and delaying sex Contraception refresher Self-examination (breasts, testicles and skin) Fertility and reproductive health Child exploitation Radicalisation and extremism Honour-based abuse	<ul style="list-style-type: none"> Explore post-16 pathways and plan their next steps confidently. Build employability skills, write an effective CV, and prepare for interviews. Make safe choices around alcohol, drugs, and staying safe in social situations. Understand healthy relationships, consent, intimacy, contraception, and reproductive health. 	<ul style="list-style-type: none"> Knowledge tests after each unit Assessment for Learning during questioning and feedback during lessons Understanding of topics are RAG rated before and after studying to determine progress
Curriculum Enrichment		<ul style="list-style-type: none"> Mock interviews Safe Drive, Stay Alive Guest speakers and events Extra-curricular activities PCSO visits Careers fair
EDI/SMSC/British Values/Careers		Literacy/Numeracy
<ul style="list-style-type: none"> Enjoy learning about oneself, others and the surrounding world, offer reasoned views, use a range of social skills, understand, accept, respect and celebrate diversity. Looking at different job pathways/qualifications Core British values-tolerance and respect, individual liberty, the rule of law, democracy Extremism and radicalisation targeting young people Careers – preparing for life after secondary school 		<ul style="list-style-type: none"> Subject specific key words & glossary Using appropriate terminology/key words Writing and speaking at greater length